

Please print and complete document to bring with you for your pet's appointment



## Body Assessment Rating For Canines (BARC)

There's now a tool to help dog owners determine if their pets are overweight or obese – or heading in that direction. Spend a few minutes taking the **BARC** (Body Assessment Rating for Canines) survey to determine if it's time to speak to your veterinarian about tackling weight loss measures.

Is your dog of a breed that is prone to obesity, such as retrievers (Labrador and golden), beagles, basset hounds, cocker spaniels, dachshunds, shelties, and terriers?  Yes  No

Do you have a multi-dog house? (Dogs in multi-dog households tend to eat more and faster than those in one-dog households.)  Yes  No

Is your dog over 5 years old AND still being fed the same type and amount of food as when younger?  Yes  No

Feel your dog's ribs. Do you find it difficult to determine where one rib ends and one begins?  Yes  No

Stand at your dog's side and look at the tuck-up – the belly area between the ribcage and hindquarters. Is the body more "square-shaped" in this area?  Yes  No

Do you regularly feed your dog table scraps and/or multiple non-meal treats each day?  Yes  No

When you feed your dog, do you just pour the food into the bowl (rather than giving a specific measured amount each time)?  Yes  No

Does your dog have difficulty standing up or jumping on the couch?  Yes  No

Does your dog get *less than* 20 to 30 minutes per day of outside exercise/play time?  Yes  No

*This survey is not a substitute for a visit to and evaluation by a qualified veterinarian.*

Client Name: \_\_\_\_\_

Pet Name: \_\_\_\_\_

Phone #: \_\_\_\_\_

Date : \_\_\_\_\_